

RECIPES

Fat Girl Revenge Cocktail:

ingredients:

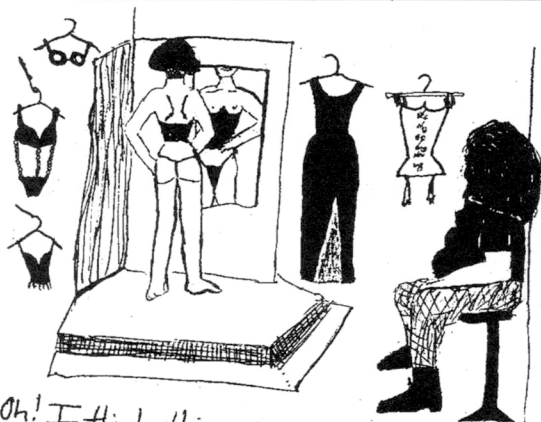
- one quart brightly-colored kefir (yogurt drink)
- one teaspoon syrup of Ipecac (vomiting agent)

Drink the kefir. Upon approaching desired target (diet centers are good places), swallow the syrup of Ipecac. Position your mouth so it's facing your target. When your stomach begins to heave, aim quickly, and fire. Most effective if done in broad daylight.

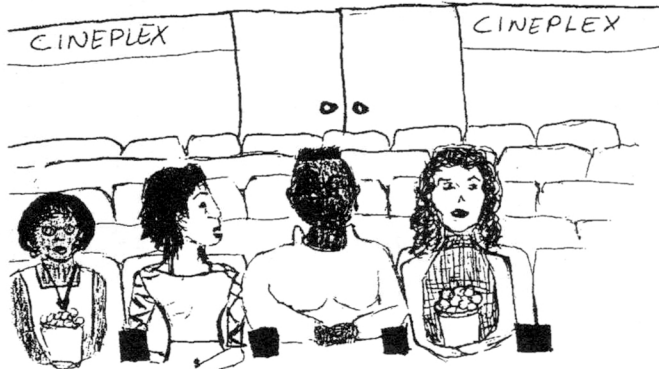


columns we'd like to see

- **REGIONALISM RULES!** If you live outside of SF, how about organizing a regional page for your area? Get together a group of friends and start digging for the stories/gossip/art/dating tips from your area, design a page (or two) and drop us a line. We want this to be a regular column, featuring locations all over the world.
- **FAT NEWS** What's happening in the news with fat issues? Have you heard something you'd like fat dykes to know about? What was that rumor about a fat person suing American Airlines for discrimination? Send us news clipping, send us local news, just send it!
- **HEALTH ISSUES** Yeah, what about those health issues?
- **LEGAL ISSUES** We've definitely got 'em. Anyone out there know enough to write about 'em?
- **NO COMMENT** (OK, so I stole the name from Ms.) Seen an ad or article that really pissed you off? Let us tear it to pieces.
- **BOYCOTT** Who's doing nasty things to fat people, promoting fat discrimination, making fat people miserable? We know they're everywhere (just like WE are!). Let's get a list going, so we can try holding some of those creeps accountable.



Oh! I think this makes me look too fat. What do you think, Sara?



Stop hanging all over me! This is MY armrest.



Sondra Solovay