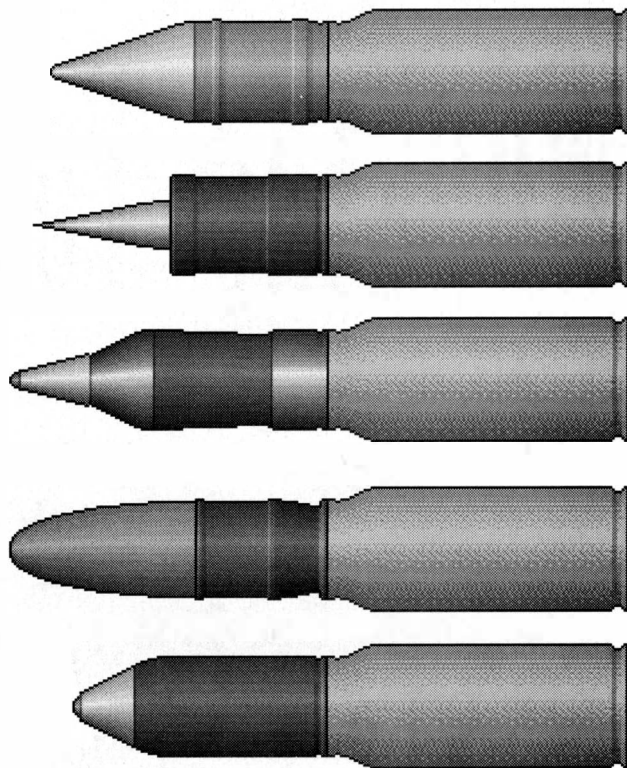


Helpful Hint #9: Enfatten your friends

Sick and tired of having your family and friends shove their skinny values down your throat? Well, turn the fat tables on them! Send them a letter saying how concerned you are about their health. Rant on about the potentially fatal dangers of dieting. Encourage them. Goad them on. Remind them that if only they'd stop dieting, they'd get that job, that lover, that American Dream. Let them know help is available. (Body Image Task Force, PO Box 934, Santa Cruz, CA 95061, (408) 457-4838; or NAAFA, PO Box 188620, Sacramento, CA 95818, (916) 558-6880) And don't forget to tell them, "I'm doing this for your own good. But of course I love you just the way you are."✱



More on apricot hankies:

Max: It stands for fat, you know, how fags have their hanky codes?

Judy: Does it matter which pocket you wear it in?

Max: Well, I guess if you wear it on your left it means you're either a fat top or you are looking for other fat folks, and if you wear it on your right I guess it means either you're a fat bottom, or you want some fat person to top you, or I don't know.

April: I sort of think it means whatever you want it to mean.

Max: It means you're into fat people. I think a skinny person could wear an apricot hanky and it would mean they were into fat people.

April: I don't know. I feel very conflicted about it, because part of me is like, "cool, there are people who are into fat people," and then another part of me is like, "oh great, I'm a perversion. I am so much of a perversion that I have a hanky code." You know?

Max: Good point. Yeah, it's a fetish for some people. We talked a lot about that in the last round-table, and how gross we felt about chubby chasers.✱