



WARNING:

Dieting has been shown to lead to anxiety, depression, lethargy, lowered self-esteem, decreased attention span, weakness, high blood pressure, hair loss, gall-bladder disease, gall stones, heart disease, ulcers, constipation, anemia, dry skin, skin rashes, dizziness, reduced sex drive, menstrual irregularities, amenorrhea, gout, infertility, kidney stones, numbness in the legs, weight gain, compulsive eating, anorexia nervosa, bulimia, reduced resistance to infection, lowered exercise tolerance, electrolyte imbalance, bone loss, osteoporosis, and death.

—Body Image Task Force offers this statement on a sticker! For a sheet of 7 stickers, send \$1 with a SASE to: PO Box 934, Santa Cruz, CA 95061

Fat Action: A Cunt for a Cunt

Tired of other queer women watching their diets (and yours), pointedly glaring from the next table like you're some kind of child molester for EATING LUNCH ... in public? Next time you're at a dyke hang-out and someone loudly declines dessert while looking your way—you know, saying "I don't want to get FAT or anything," to her pal—feel free to interrupt. "Oh, a girl like you doesn't have to worry about getting fat," you can say. "I got this way from eating pussy." ✨

